

Martinak State Park (MSP) and Tuckahoe State Park (TSP)



Healthy Parks, Healthy People November 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 Healing Walk Adkins Arboretum 10 AM	2 First Saturday Walk Adkins Arboretum 10 AM Caroline Cycles Lynch Preserve 1 PM
3	4	5 Martinak Morning Walk MSP Office 10:30 AM Caroline Cycles Blackwater Refuge Visitor Center 1 PM	6 Senior Rangers Adkins Arboretum 10 AM	7 Martinak Morning Walk MSP Office 10:30 AM	8	9
10	11 Caroline Cycles Goldsboro, MD 1 PM	12 Martinak Morning Walk MSP Office 10:30 AM	13 Senior Rangers Wye Island 10 AM	14 Martinak Morning Walk MSP Office 10:30 AM	15 	16
17 inaturalist Walk Adkins Arboretum 1 PM	18 Hike Tuckahoe TSP 10:30 AM	19 Martinak Morning Walk MSP Office 10:30 AM Caroline Cycles C&D Canal Trail 1 PM	20 Senior Rangers TSP Park Office 10 AM	21 Martinak Morning Walk MSP Office 10:30 AM	22	23 Pine Cone Santa MSP Nature Center 10 AM 
24 	25	26 Martinak Morning Walk MSP Office 10:30 AM	27	28 Happy Thanksgiving 	29	30  Scan and scroll to bottom of page for details

New Programs

Senior Rangers: This program is geared toward senior citizens (+55) with an interest in learning more about our parks and nature so they can get active, visit their local state parks, and sharpen their sense of wonder! Three weekly sessions will be held in November. Sessions are led by a variety of instructors including rangers, historians, naturalists, and other Department of Natural Resources experts. All sessions meet Wednesday morning at 10:00am. Sessions include Native Plant Benefits and Walk, Old Growth Forest Discussion and Walk and Aviary Tour. Meeting locations vary each week among Tuckahoe State Park, Wye Island Natural Resource Management Area and Adkins Arboretum. Prior to the start of the session, all participants will be emailed a welcome letter with any updates on program specifics.

REGISTRATION IS REQUIRED; SPACE IS LIMITED. Payment must be received within 7 days of enrollment for confirmed registration. Payment: Cash or check at Tuckahoe Park Office Mon-Fri 9am-5pm or mail checks made out to Tuckahoe State Park to: Tuckahoe State Park Attn. Erin Gale, 13070 Crouse Mill Rd Queen Anne, MD 21657

Crafts

Pine Cone Santa: Come to Martinak State Park Nature Center on Saturday November 23, to make a pine cone santa. Donate a can of goods and \$5.00 as a donation to His Hope Ministries. All instruction and materials are included. Please call or text 410-924-1529.

Nature Walks and Hikes

Martinak Morning Walk: Meet at the Martinak State Park Office at 10:30 AM on Tuesdays and Thursdays for a guided walk on a paved trail. Walks are approximately 1.5 miles in length or about 3,000 steps with plenty of benches available for resting and enjoying nature. Others may choose to walk longer through the camp loops and trails for 3 miles.

Hike Tuckahoe: Explore the beautiful trails at Tuckahoe State Park on Monday, November 18, at 10:30 AM. Meet at the Tuckahoe Lake Parking Area for a 3 mile hike. Bring water, hat and bug spray. To register Email: karen.gianninoto@maryland.gov.

First Saturday Guided Walk: Discover native habitats as you walk at Adkins Arboretum on the first Saturday of every month at 10:00 AM. To register, call 410-634-2847

Healing Walk: A walk on Friday, November 1, at 10:00 AM at Adkins Arboretum is designed for those who are suffering from a loss, traumatic experience, or the demands of caretaking. Nature has the power to soothe and restore. Join a naturalist each month for a nature support group. We'll take a leisurely stroll along our paths while listening, sharing, or simply soaking in the silence. To register, call 410-634-2847.

iNaturalist Walk: Meet on Sunday, November 17, at 1 PM at Adkins Arboretum Visitor Center to walk and observe nature along the way. Walks will be led by Jim Brighton, along with occasional guest experts. To register, call 410-634-2847.

Cycling

Caroline Cycles: As long as the weather stays mild, we're still cycling! We have several rides planned through the month. On Saturday November 2 meet at the Lynch Preserve for a 20 mile ride through southern Caroline County. On Tuesday November 5, meet at 1 PM at the Blackwater Wildlife Refuge Visitor Center to ride 15 miles through the refuge and surrounding area. On Monday November 11, at 1 PM, meet in Goldsboro, MD. Specific details are TBA. November 19 at 1 PM, meet at the Chesapeake and Delaware Canal trail head on Lock Street for a 30 mile ride. Once in Chesapeake City, Turn left into the entrance and follow Lock Street to Biddle Street. Follow the signs directing trail-goers to parking. Helmets are required. Lights, water, tools and tubes are recommended for all rides. Call or text 410-924-1529 for more information.

Check our website for more park activities by clicking on the calendar of events

<https://go.activecalendar.com/doi-md/?&q=y&search=y> For more information call 410-820-1668 or email karen.gianninoto@maryland.gov.