

## Article

# Crystallization-Controlled Structure and Thermal Properties of Biobased Poly(Ethylene2,5-Furandicarboxylate)

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**Abstract:** Crystallization-controlled structure and thermal properties of biobased poly(ethylene 2,5-furandicarboxylate) (PEF) were studied. The cold-crystallization temperature controlled the structure and thermal properties of the biobased PEF. The melting was complex and evidenced the presence of a significant fraction of less-stable crystals with a low melting temperature that linearly increased with  $T_c$ , which formed already during the early stages of crystallization, together with those melting at a higher temperature. Low  $T_c$  resulted in the  $\alpha'$ -phase formation, less crystallinity, and greater content of the rigid amorphous phase. At high  $T_c$ , the  $\alpha$ -phase formed, higher crystallinity developed, the rigid amorphous phase content was lower, and the melting temperature of the less-stable crystals was higher; however, slight polymer degradation could have occurred. The applied thermal treatment altered the thermal behavior of PEF by shifting the melting of the less stable crystals to a significantly higher temperature. SEM examination revealed a spherulitic morphology. A lamellar order was evidenced with an average long period and small average lamella thickness, the latter about 3–3.5 nm, only slightly increasing with  $T_c$ .

**Keywords:** poly(ethylene 2,5-furandicarboxylate); cold crystallization; polymorphism; morphology



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## 1. Introduction

Poly(ethylene 2,5-furandicarboxylate) (PEF), a thermoplastic polyester, is produced most often from monomers: 2,5-furandicarboxylic acid and mono-ethylene glycol [1–4] or less frequently by ring-opening polymerization of cyclic PEF oligomers [5,6]. Although PEF has been known for nearly 80 years [7], recently it has gained a growing interest owing to its physical properties and the development of new technologies enabling large-scale production from bio-based substrates [8]. PEF is a potential biobased replacement of widely used poly(ethylene terephthalate) (PET), especially since it offers improved mechanical and gas barrier properties compared to PET and other petrol-based terephthalate homologs. Moreover, PEF is recyclable using technology developed for PET. Interestingly, in mechanical recycling, up to 5% of PEF can be processed together with PET without the deteriorated performance of the recycled polymer [9].

PEF is an analog to PET, in which a benzene ring is replaced with a furan ring, as shown in Figure S1 in SM (Supplementary Materials). A consequence of the absence of furan ring flipping and the lower bond angle of the carboxyl groups on the ring, as compared to the arrangement on the benzene ring, is a higher energy barrier for cooperative motions, which results in decreased PEF chain mobility in the amorphous state [10]. This difference is a reason for improved PEF mechanical and gas barrier properties compared to PET and other petrol-based terephthalate homologs. For example, PEF exhibits a higher elastic modulus and tensile strength [11–13], a higher barrier for oxygen [14], carbon dioxide [15], and water

vapor [16]. Moreover, it can be melt processed at a lower temperature than PET. Recently, PEF fibers were electrospun [17] and did not exhibit any toxic effect on healthy human keratinocytes [18].

The supramolecular structure of PEF depends on its thermal history. PEF exhibits polymorphism and can crystallize in three different crystallographic modifications. At high temperatures, PEF crystallizes in the more ordered  $\alpha$ -form, while at low temperatures in the less ordered  $\alpha'$ -form, which can reorganize upon further heating [3,19–24]. Moreover, PEF crystallizes in the  $\beta$ -phase from solutions [25]. Recently, Maini et al. [23] proposed for PEF a triclinic unit cell for the  $\alpha'$ -form and monoclinic unit cells for the  $\alpha$ - and  $\beta$ -forms, based on X-ray diffraction powder patterns. PEF can be quenched to the glassy amorphous state without crystallization and cold-crystallized upon subsequent heating.

To date, little research has been conducted on the morphology of PEF in contrast to PET. Thus, the main aim of this work was to study systematically the supramolecular structure of biobased PEF, its crystal structure, and thermal behavior, depending on cold-crystallization temperature. Cold-crystallization was selected as such crystallization is faster than that after cooling the melt, and it was reported previously that both procedures lead to similar crystal structures [20,26]. To examine the internal structure, fracture surfaces were analyzed with scanning electron microscopy (SEM) after appropriate etching, and thin films were studied with polarized light microscopy (PLM). The structure was probed by wide-angle and small-angle X-ray scattering (WAXS and SAXS) to determine the crystallographic modifications and to gain insight into the lamellar organization. Differential scanning calorimetry (DSC) and thermogravimetry (TGA) enabled us to examine PEF thermal properties and the melting behavior depending on its thermal history.

## 2. Experimental

### 2.1. Materials

Poly(ethylene 2,5-furandicarboxylate) (PEF) was obtained in the form of granules from Avantium Renewable Polymers (Amsterdam, the Netherlands). The PEF grade was G90P with an intrinsic viscosity ( $[\eta]$ ) of 0.86 dL/g, as measured according to ASTM D4603 [27], a weight-average molar mass ( $M_w$ ) of 128 kg/mol, and a polydispersity index (PDI) of 2.5 as determined using gel permeation chromatography with 1,1,1,3,3,3-hexafluoro-2-propanol as a solvent, and a classical calibration with a poly(methylene methacrylate) standard. The biobased PEF was synthesized from 2,5-furandicarboxylic acid obtained by catalytical conversion of plant-based sugars and from commercially available biobased mono-ethylene glycol. Figure S2 in SM shows the attenuated total reflectance Fourier transform infrared (ATR-FTIR) spectrum of amorphous PEF recorded with a Thermo Scientific Nicolet 6700 FT-IR instrument (Waltham, MA, USA), with a  $\text{cm}^{-1}$  resolution. The spectrum is typical of PEF with small peaks near  $3000 \text{ cm}^{-1}$  and a series of pronounced peaks below  $1750 \text{ cm}^{-1}$  [28,29].

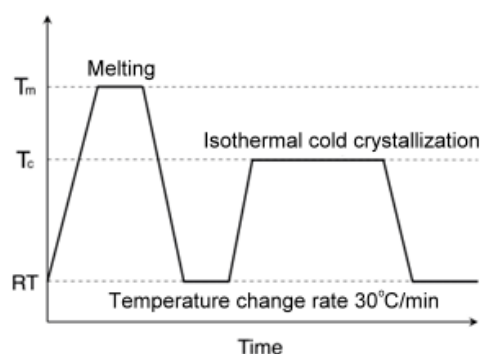
### 2.2. Preparation

Before melt processing, PEF granules were dried overnight in a vacuum oven at  $140 \text{ }^\circ\text{C}$  to reduce residual moisture content. Initial samples in the form of 0.2 mm thick sheets, qPEF, were obtained by compression molding of PEF pellets at  $250 \text{ }^\circ\text{C}$  for 5 min in a laboratory press, followed by quick cooling down between aluminum blocks kept at room temperature (RT). At  $250 \text{ }^\circ\text{C}$  the polymer processing was easier than at lower temperatures,  $230\text{--}240 \text{ }^\circ\text{C}$ . To prevent sticking to the blocks, the specimens were sandwiched between 0.25 mm thick poly(tetrafluoroethylene) (PTFE) films (Polyflon Technology Ltd., Stafford, UK). Before the use, the PTFE films were cleaned with isopropanol and dried at  $250 \text{ }^\circ\text{C}$  to evaporate it.

### 2.3. Crystallization

qPEF specimens, cut from the 0.2 mm thick sheets, were isothermally cold-crystallized in a Linkam CSS450 Optical Shearing System (Linkam, Waterfield, UK), between microscope slides, according to the temperature protocol shown in Figure 1. The cold-crystallization method was chosen because such crystallization is faster than the crys-

tallization after cooling from above the melting temperature, most probably due to more intense primary nucleation. It is worth mentioning that both crystallization processes lead to similar crystal structures, as observed previously by others [20,26]. To prevent sticking to the microscope slides, the specimens were sandwiched between 0.125 mm thick Kapton 500 HN films (Micel, Saint-Chamond, France). The specimens were heated from RT to 250 °C at 30 °C/min and held at this temperature for 2 min to erase their thermal history, then cooled at 30 °C/min to 10 °C. After approx. 3 min, they were heated again at 30 °C/min to the selected crystallization temperatures ( $T_c$ ) ranging from 100 °C to 180 °C and held at these temperatures for 12–24 h to cold-crystallize them isothermally. The specimens were denoted as, for example, C120, where the number means  $T_c$ . After 12–24 h, the specimens were cooled to 10 °C at 30 °C/min, removed from the hot stage, and then stored at RT. The times required for accomplishment of crystallization at  $T_c$  were determined based on preliminary DSC studies described in SM and Figure S3 in SM.



**Figure 1.** Temperature protocol for isothermal cold-crystallization of PEF at various temperatures,  $T_c$ .

Also, 70  $\mu\text{m}$  thick specimens, sandwiched between microscope cover slides, with the same thermal history as the thicker ones, were prepared for polarized light microscopy (PLM).

#### 2.4. Characterization

The thermal properties of the PEF specimens were determined using DSC Q20 (TA Instruments, New Castle, DE, USA) during heating at 10 °C/min and 30 °C/min under a flow of nitrogen. In addition, the specimens cold-crystallized at  $T_c$  of 130–160 °C were re-heated in DSC at 10 °C/min to selected temperatures  $T_a$  above the first melting peak, held at these temperatures for 15–30 s, and cooled to RT at 30 °C/min. Then, the specimens were heated again from RT to 250 °C at 10 °C/min to analyze their melting behavior. These specimens are denoted with the letter a, for instance, C130a. In addition, C130a\* was kept at  $T_a$  for 1 h.

Selected samples were analyzed with thermogravimetry using a TGA 5500 (TA Instruments) during heating from RT to 800 °C at a rate of 20 °C/min in both air and a nitrogen atmosphere. Temperatures at 5% mass loss ( $T_{5\%}$ ) were determined based on the TGA thermograms, whereas temperatures of maximum decomposition rate ( $T_d$ ) were evaluated based on derivatives of weight loss with respect to temperature (DTGA).

The viscoelastic properties of selected samples were examined with a dynamic mechanical thermal analysis (DMTA). The measurements were carried out on 0.5 mm thick rectangular specimens, 17.5 mm  $\times$  12 mm, in a single cantilever bending mode, using a DMTA TA Q-800 Thermal Analyser (TA Instruments) at a frequency of 1 Hz and a heating rate of 2 °C/min.

To determine their kinematic viscosity, the PEF specimens were dissolved at 90 °C in a mixture of phenol and 1,1,2,2-tetrachloroethane (6:4 *w:w*). The measurements of 20 mL portions of 1% PEF solutions were performed using a fully automated Herzog Multi-Range Viscometer HVM 472 at 25 °C.  $[\eta]$  was calculated using the Solomon–Ciută equation [30,31]:

$$[\eta] = [2(t/t_0 - \ln(t/t_0) - 1)]^{1/2} / c \quad (1)$$

where  $c$  is the concentration of the solution;  $t$  is the solution flow time; and  $t_0$  is the flow time of the pure solvent. For each specimen type, the measurements were repeated three times, and an average value was calculated.

WAXS was carried out in a reflection mode using an Aeris diffractometer (Malvern Panalytical Ltd., Malvern, UK) with  $\text{CuK}\alpha$  radiation,  $\lambda = 0.154$  nm, operating at 40 kV and 7.5 mA. The curves were recorded in a  $2\theta$  range from  $5^\circ$  to  $50^\circ$  with a step of  $0.022^\circ$  at RT.

The lamellar structure was probed with a SAXS-2D, with a Kiessing-type camera, with a 1.2 m sample-detector distance, coupled to a low divergence X-ray  $\text{CuK}\alpha$  micro-source operating at 50 kV and 1 mA, GeniX Cu-LD (Xenocs, Grenoble, France). The scattering patterns were recorded with a Pilatus 100K solid-state area detector with a resolution of  $172 \times 172 \mu\text{m}^2$  (Dectris, Baden, Switzerland) at RT.

The structure was examined with a PLM Nikon Eclipse E400 (Nikon, Japan) equipped with a Sanyo VCC-3770P camera. Fracture surfaces of selected specimens were examined with a SEM JEOL 6010LA (Jeol, Tokyo, Japan), operating in a high vacuum mode at an accelerating voltage of 10 kV, after vacuum sputtering with a 10 nm gold layer using a coater Quorum EMS150R ES (Quorum Technologies, Lewes, UK). To better expose their internal structure, the specimens were etched according to the procedure used previously for polylactide (PLA) described in [32] and applied by others [33]. The specimens were immersed in a 0.05 M solution of sodium hydroxide in a mixture of methanol and distilled water (2:3 *v:v*) for 4 h at RT. Then, they were washed in an ultrasonic bath in a mixture of methanol and water for 5 min and dried.

### 3. Results and Discussion

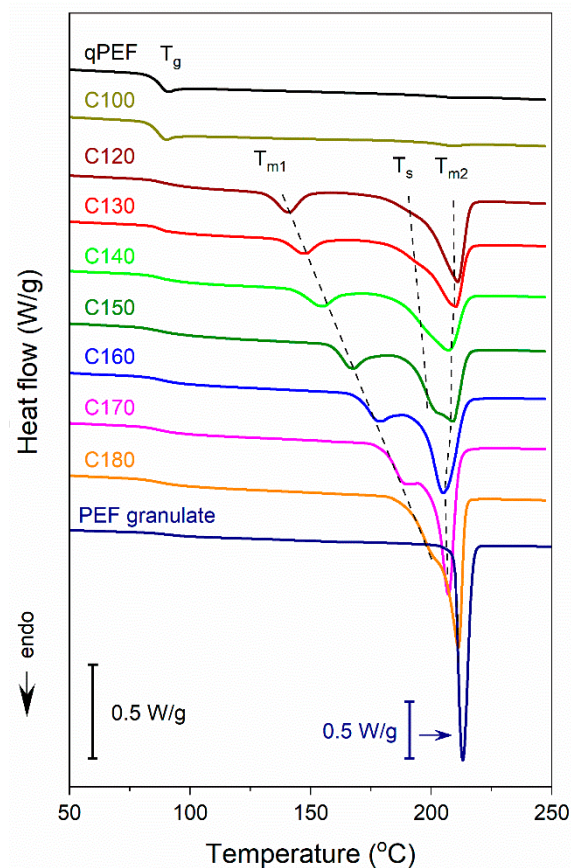
#### 3.1. Thermal Properties

Figures 2 and S4 show DSC heating thermograms of PEF specimens recorded on heating at  $10^\circ\text{C}/\text{min}$  and  $30^\circ\text{C}/\text{min}$ , respectively. The calorimetric data measured on heating at  $10^\circ\text{C}/\text{min}$  are presented in Table 1. In the thermograms of qPEF recorded at  $10^\circ\text{C}/\text{min}$  above the glass transition with  $T_g$  at  $86.5^\circ\text{C}$ , only a very small cold-crystallization exotherm and a melting endotherm were observed. The cold-crystallization enthalpy ( $\Delta H_{cc}$ ), below  $0.5$  J/g, was equal to the melting enthalpy ( $\Delta H_m$ ), evidencing that qPEF was amorphous before the DSC experiment. C100 crystallized for 12h behaved similarly to qPEF, with  $T_g$  at  $85.5^\circ\text{C}$  and a cold-crystallization peak temperature ( $T_{cp}$ ) of  $182^\circ\text{C}$ ,  $T_m$  of  $209^\circ\text{C}$ , and  $\Delta H_{cc}$  of  $0.8$  J/g equal to  $\Delta H_m$ . After 24 h at  $100^\circ\text{C}$ ,  $\Delta H_{cc}$  and  $\Delta H_m$  slightly increased to  $1.3$  J/g but were still equal, evidencing that even 24 h spent at  $100^\circ\text{C}$  was insufficient to develop any detectable crystallinity at this temperature. During faster heating, at  $30^\circ\text{C}/\text{min}$ , neither cold-crystallization nor melting occurred in qPEF (Figure S4). Crystallinity was detected only in PEF held at higher temperatures, well above  $100^\circ\text{C}$ .

All thermograms of these samples evidenced their complex melting behavior above the glass transition with  $T_g$  of  $88$ – $89^\circ\text{C}$  determined at  $10^\circ\text{C}/\text{min}$ . At  $T_c$  of  $120$ – $160^\circ\text{C}$ , the main melting peaks with  $T_{m2}$  were accompanied by smaller low-temperature peaks with  $T_{m1}$ . At  $T_c$  of  $170^\circ\text{C}$  and  $180^\circ\text{C}$ , these low-temperature melting peaks turned into shoulders of the main peaks. Moreover, during heating at  $10^\circ\text{C}/\text{min}$  of PEF cold-crystallized at  $T_c$  of  $130$ – $150^\circ\text{C}$ , small shoulders appeared on the ascending slopes of the main peaks at temperatures  $T_s$ . These shoulders were absent or hardly visible during heating at  $30^\circ\text{C}/\text{min}$  (Figure S4). At  $T_c$  of  $120^\circ\text{C}$  and  $130^\circ\text{C}$ , during heating at  $10^\circ\text{C}/\text{min}$  small exotherms were observed between the two melting peaks, with small enthalpies of  $1.5$  J/g and  $0.2$  J/g, respectively.

Plots of  $T_{m1}$  and  $T_{m2}$  of the melting peaks and  $T_s$  of the small shoulders vs.  $T_c$  are shown in Figure 3. The values of  $T_{m1}$  were similar at both heating rates and increased linearly with the increasing  $T_c$ .  $T_s$  also increased linearly with increasing  $T_c$ . On the contrary,  $T_{m2}$  values were weakly dependent on  $T_c$ , and they increased with increasing  $T_c$  only in the  $T_c$  range from  $160^\circ\text{C}$  to  $180^\circ\text{C}$ . Moreover, for  $T_c \leq 160^\circ\text{C}$ ,  $T_{m2}$  values were lower at  $30^\circ\text{C}/\text{min}$ . These results indicate the occurrence of reorganization in the

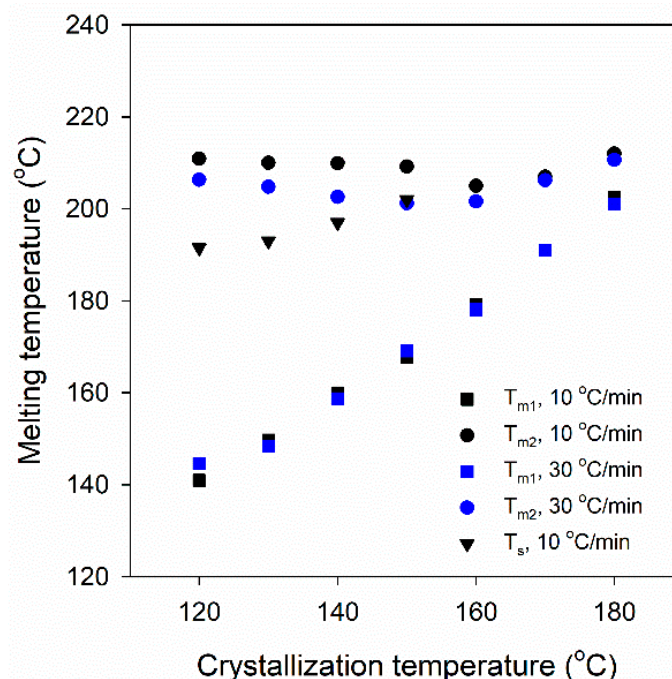
crystalline phase during heating, which was more intense during slower heating and caused an increase in  $T_{m2}$ .



**Figure 2.** DSC heating thermograms of cold-crystallized PEF and PEF granulate recorded at 10 °C/min. Thermograms shifted vertically for clarity. Dashed lines indicate changes of melting temperatures ( $T_{m1}$ ,  $T_s$ , and  $T_{m2}$ ) dependent on cold-crystallization temperature.

**Table 1.** Calorimetric parameters of cold-crystallized PEF determined from DSC thermograms recorded at 10 °C/min.  $T_g$ —glass transition temperature;  $T_s$ —temperature of shoulder on ascending slope of main melting peak;  $T_m$  and  $\Delta H_m$ —melting peak temperature and melting enthalpy;  $\Delta H_{mc}$ —total melting enthalpy;  $X_c$ —degree of crystallinity calculated assuming the heat of fusion of crystals of 137 J/g [3]. Asterisks denote approximate values. Double asterisks indicate that from  $\Delta H_{mc}$  the small exothermic effect enthalpy was subtracted: 1.5 J/g for C120, 0.2 J/g for C130.

Sample	$T_g$ (°C)	$T_{m1}$ (°C)	$\Delta H_{m1}$ (J/g)	$T_s$ (°C)	$T_{m2}$ (°C)	$\Delta H_{m2}$ (J/g)	$\Delta H_{mc}$ (J/g)	$X_c$ (%)
C120	89	141	5.8	192 *	211	35.3	39.3 **	28.7
C130	88	150	7.0	193 *	210	38.0	44.9 **	32.8
C140	88	160	8.8	197 *	210	37.2	46.0	33.6
C150	89	168	10.1 *	200 *	209	38.8	48.9	35.7
C160	88	179	11.9 *	-	205	40.8 *	52.7	38.6
C170	88	191	-	-	207	-	54.4	39.7
C180	88	203 *	-	-	212	-	56.3	40.7
PEF	90	-	-	-	213	-	55.5	40.5



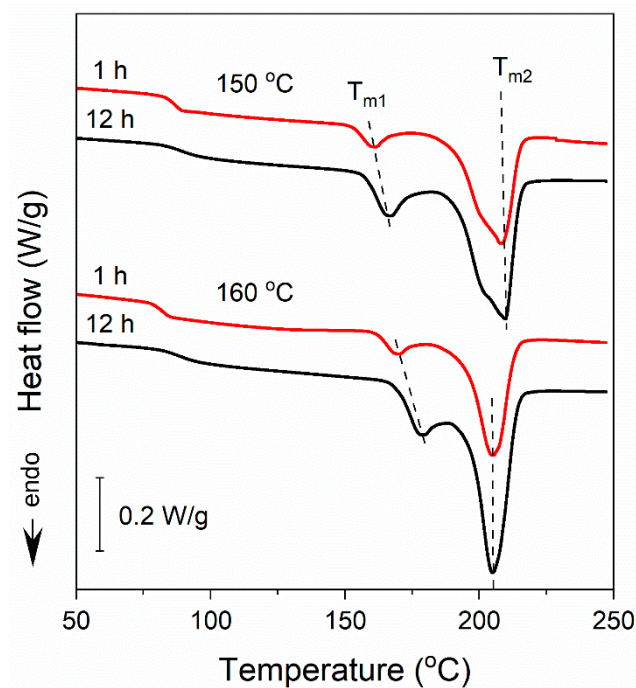
**Figure 3.** Melting temperatures,  $T_{m1}$ ,  $T_{m2}$ , and  $T_s$ , of isothermally cold-crystallized PEF samples vs. crystallization temperature,  $T_c$ .

The crystallinity degree ( $X_c$ ), calculated based on the  $\Delta H_{mc}$  measured at 10 °C/min, enlarged from approx. 30% to 40% with  $T_c$  increasing from 120 °C to 180 °C. At 10 °C/min and 30 °C/min,  $T_{m1}$  exceeded  $T_c$  by approx. 20 °C. As proposed by Papageorgiou et al. [3] and Stocklet et al. [20], by analogy with PET, the low-temperature melting peaks can be attributed to the melting of secondary small and imperfect crystals formed during crystallization at  $T_c$ . The content of these crystals in the crystalline phase calculated based on the melting enthalpy data in Table 1 did not exceed 16% for  $T_c \leq 140$  °C. For higher  $T_c$ , it was larger, approx. 20%, but the separation of the melting peaks in these cases was only approximate. The heating thermograms of PEF held at 150 °C and 160 °C for 1 h and 12 h, respectively, shown in Figure 4, offer a more detailed insight into the formation of the less stable crystals. It appears that the crystals with low  $T_{m1}$  were formed already at the early stages of crystallization, and that occurred at  $T_c$  range of the  $\alpha'$ -phase formation ( $T_c \leq 150$  °C) and at higher  $T_c$  at which the  $\alpha$ -phase was formed ( $T_c \geq 160$  °C), as shown further. However, after 1 h crystallization,  $T_{m1}$  values were by approx. 8–9 °C lower than those after 12 h crystallization at the same temperatures, which indicates the occurrence of isothermal annealing of the less stable crystals at  $T_c$ , perfectioning, and/or thickening. On the contrary, the crystallization time did not influence  $T_{m2}$ .

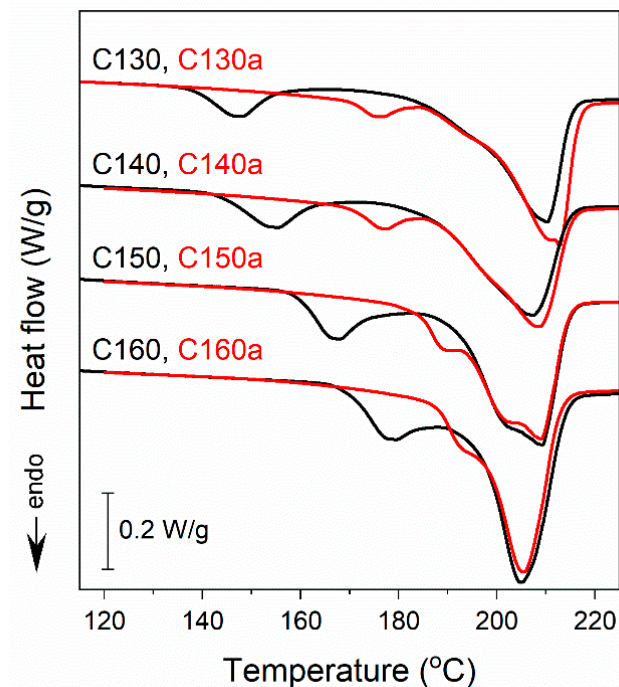
Figure 5 shows the heating thermograms of cold-crystallized PEF heated to temperatures  $T_a$ , selected between the two melting peaks, near 170 °C for C130 and C140 and near 185 °C for C150 and C160, held there for 15–30 s and cooled quickly to RT at 30 °C/min. Although melting started at similar temperatures as during the first heating, the low-temperature melting peaks of C130 and C140 shifted to higher temperatures, whereas for C150 and C160 these peaks transformed into shoulders of the main peaks.

$T_{m1}$  strongly increased, to 176 °C for C130 and C140 and to 191 °C and 194 °C for C150 and C160, respectively, whereas  $T_{m2}$  was nearly unaffected. It appears that during the treatment the less stable crystals melted and then recrystallized into more stable ones with higher  $T_{m1}$ , which exceeded  $T_a$  by several degrees. In each case, these  $T_{m1}$  values were below those of PEF cold-crystallized at  $T_c$  close to  $T_a$ . Taking into account the short dwell time at  $T_a$  and subsequent cooling in that temperature range where crystallization could occur, it could be concluded that the formation of the crystals was quite rapid, especially

having in mind the long times required for the cold-crystallization of PEF. It is possible that this rapid crystallization was due to the melt memory.



**Figure 4.** Comparison of heating thermograms, recorded at 10 °C/min, of specimens isothermally crystallized at temperature  $T_c$  of 150 °C and 160 °C for 1 h and 12 h. Thermograms shifted vertically for clarity.



**Figure 5.** Comparison of DSC heating thermograms recorded at 10 °C/min of cold-crystallized C130, C140, C150, and C160 (black lines) and their re-heated counterparts C130a ( $T_a = 170$  °C,  $t_a = 15$  s), C140a ( $T_a = 172$  °C,  $t_a = 30$  s), C150a ( $T_a = 184$  °C,  $t_a = 30$  s), and C160a ( $T_a = 187$  °C,  $t_a = 30$  s) (red lines). Thermograms shifted vertically for clarity.

Recently, it was assumed that the three-phase model is more suitable than the two-phase model for describing the structure of semi-crystalline polymers, including PEF [20], poly(butylene terephthalate) [34], PET [35], PTFE [36], and PLA [37]. The three-phase model takes into account the presence of a mobile amorphous fraction ( $X_{maf}$ ) being responsible for the glass-rubber transition and a rigid amorphous fraction ( $X_{raf}$ ), which is a constrained amorphous phase associated with the interface between the crystalline and the mobile amorphous phase. The relative fractions of these components can be estimated from calorimetric data according to the following relationships:

$$X_{raf} = X_a - \Delta C_p / \Delta C_p^a \quad (2)$$

where  $X_a$  is the amorphous phase content, and  $\Delta C_p$  and  $\Delta C_p^a$  denote the heat capacity change due to the glass transition of a semicrystalline polymer and a fully amorphous polymer, respectively. Figure S5 shows the dependencies of  $X_c$ ,  $X_a$ , and  $X_{raf}$  on  $T_c$  for the cold-crystallized PEF. It appears that  $X_{raf}$  decreased with the increasing  $T_c$ , from 36% to 23% at 160 °C and then leveled off.  $X_{am}$  decreased with increasing  $T_c$ , but the decrease in  $X_{raf}$  was stronger;  $X_{raf}/X_a$  decreased from approx. 50% to 40%. RAF vitrification is connected to the mobility of the chains, which depends on  $T_c$ . At higher temperatures, the polymer chains exhibit enhanced mobility, which facilitates the organization of the segments into ordered crystalline structures, with reduced stress transmitted to the amorphous segments and a lower fraction of chain segments subjected to geometrical constraints [38,39]. RAF affects polymer properties, for instance, the mechanical properties because it acts in the transmission of mechanical stress under load (affects the elastic modulus) [40], and the barrier properties as its free volume exceeds that of the MAF, which affects the diffusion of small molecules [41].

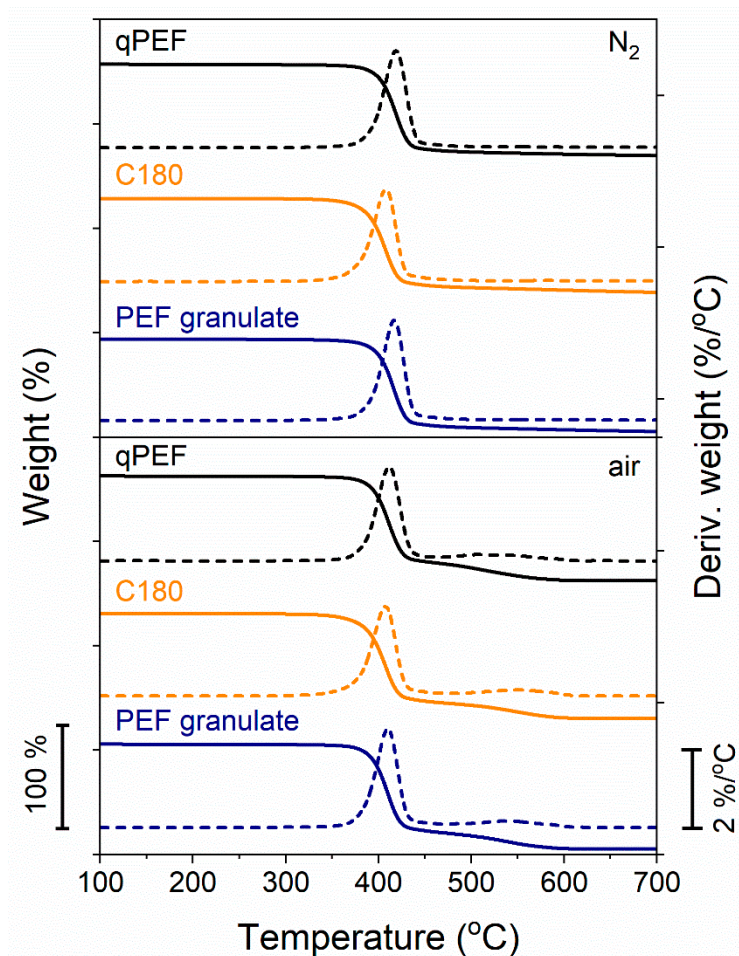
The viscoelastic properties of qPEF and C160 analyzed by DMTA are shown in Figure S6 in SM. The loss modulus ( $E''$ ) curves exhibit low and broad peaks with maxima at  $-68$  °C attributed to the relaxation related to carbonyl motions [10,42] and, in the glass transition region, peaks with maxima at 89 °C and 96 °C for qPEF and C160, respectively, differing because of the crystallinity of the latter. The storage moduli ( $E'$ ) decreased with increasing temperature and dropped in the glass transition region, as observed by others [10,42].  $E'$  of C160 exceeded that of qPEF in a broad temperature range and less sharply decreased in the glass transition region.

The TGA and DTGA thermograms recorded for selected samples, qPEF, C180, and PEF granulate, in a nitrogen atmosphere and in air are shown in Figure 6, respectively.  $T_{5\%}$  and  $T_d$  are listed in Table 2.

**Table 2.** Thermogravimetric parameters of PEF specimens measured during heating at 20 °C/min in a nitrogen atmosphere and in air.  $T_{5\%}$  denotes 5% weight loss temperature whereas  $T_d$  is DTGA peak temperature.

Sample	Nitrogen		Air		
	$T_{5\%}$ (°C)	$T_d$ (°C)	$T_{5\%}$ (°C)	$T_{d1}$ (°C)	$T_{d2}$ (°C)
PEF granulate	384	417	380	410	540
qPEF	386	419	380	411	512
C180	370	408	367	407	550



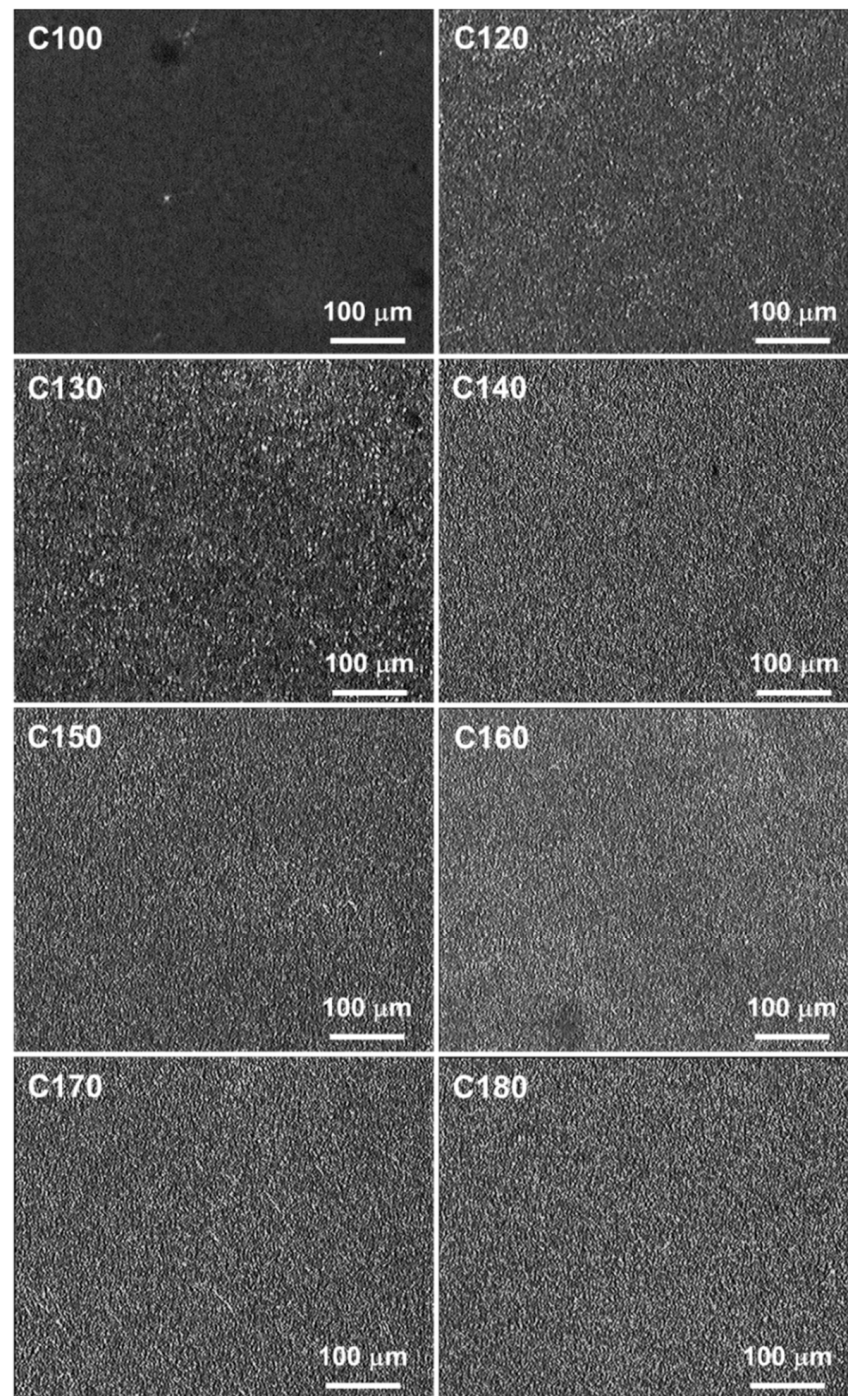


**Figure 6.** TGA and DTGA thermograms of PEF granulate, qPEF, and C180 recorded during heating at 20 °C/min in a nitrogen atmosphere and in air.

These characteristic temperatures were practically the same for PEF granulate and qPEF,  $T_{5\%}$  of 384–386 °C and  $T_d$  of 417–419 °C in a nitrogen atmosphere, and somewhat lower, 380 °C and 410–411 °C, respectively, in air. This is in agreement with the results of measurements of  $[\eta]$ , as it was the same, 0.84 dL/g, for PEF granulate and qPEF. In turn,  $T_{5\%}$  of C180 were lower by 13–14 °C than those of qPEF. Also,  $T_d$  of C180 was lower, by approx. 8 °C and 4 °C in a nitrogen atmosphere and in air, respectively. It is worth noting that DTGA curves recorded in air, in addition to the main peaks, exhibited small peaks at 400–550 °C, related to carbonization [43]. According to [44,45], the decomposition of PEF in a nitrogen atmosphere occurs mainly due to  $\beta$ -hydrogen bond scission and to some extent with  $\alpha$ -hydrogen bond scission. Others found that the thermal stability of PEF both in a nitrogen atmosphere and in air could be somewhat improved by adding appropriate stabilizers [43].

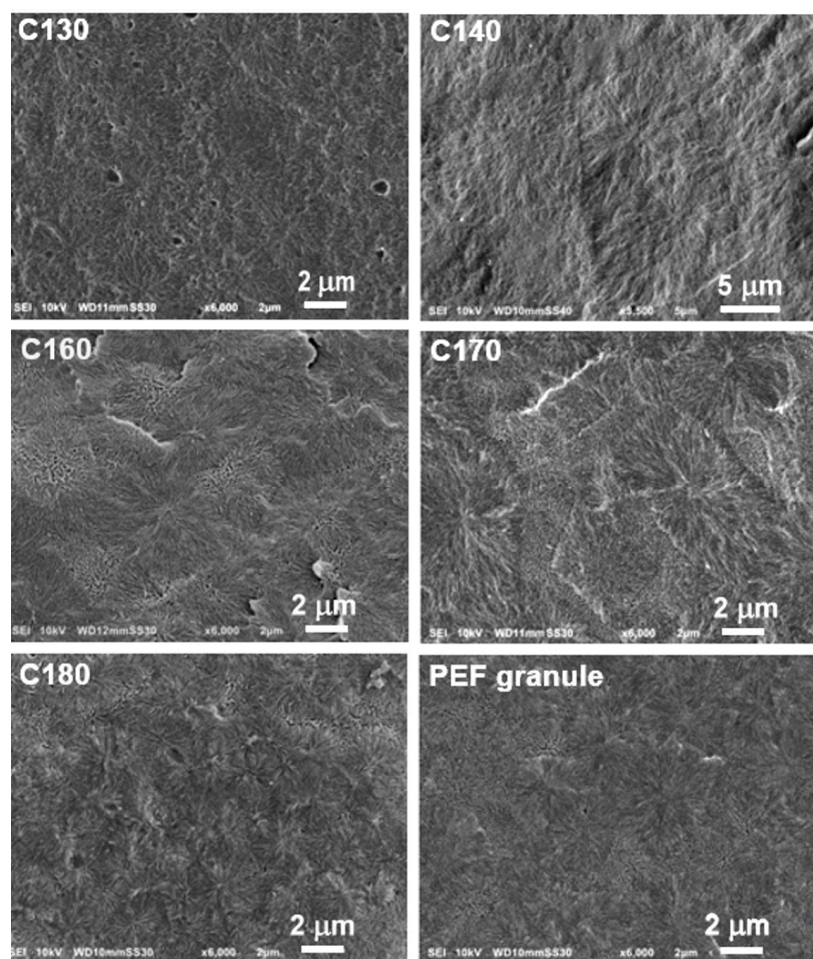
### 3.2. Structure

PLM micrographs collected in Figure 7 show the morphologies of PEF samples. PEF held at 100 °C was amorphous, whereas PEF held at 120–180 °C crystallized and contained fine crystalline aggregates, as shown in Figure 7.



**Figure 7.** PLM micrographs of thin PEF films cold-crystallized isothermally at different temperatures,  $T_c$ . Amorphous C100 sample shown for comparison.

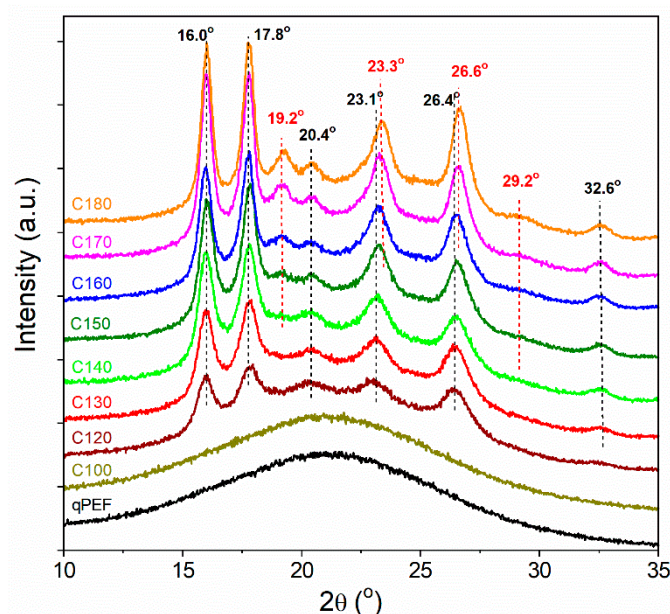
SEM images of etched fracture surfaces of PEF specimens are collected in Figure 8. Etching preferentially removes the amorphous phase and exposes the crystalline phase. The spherulites with centers and radial arrangements of lamellae and also interspherulitic boundaries can be distinguished in all micrographs. Interestingly, the morphology of the PEF granules was also spherulitic. The diameter of spherulites seen in the SEM images varied from about 4  $\mu\text{m}$  to 10  $\mu\text{m}$  and weakly depended on  $T_c$ . It is worth noting that a stronger dependence of spherulite size on  $T_c$  was observed for poly(propylene 2,5-furandicarboxylate) (PPE) [46], PET, and poly(ethylene 2,6-naphthalate) (PEN) [47].



**Figure 8.** SEM images of etched cryofracture surfaces of PEF cold-crystallized isothermally at different temperatures,  $T_c$ , and PEF granule for comparison.

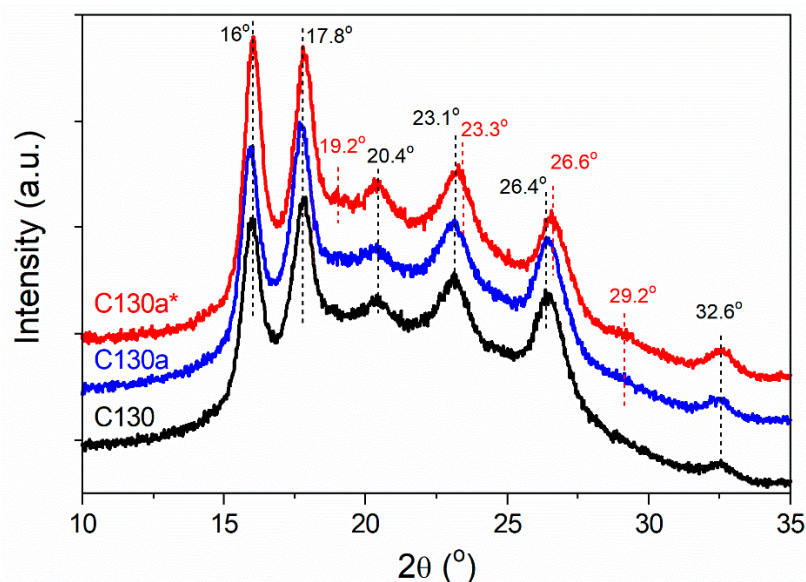
WAXS curves of PEF samples and PEF granule are collected in Figures 9 and S7, respectively. The curves of amorphous qPEF and also C100 show broad halos with maxima at  $2\theta$  of  $21^\circ$  and approx.  $45^\circ$ , as observed by others [23]. WAXS curves of crystalline samples show several peaks, whose intensity increased with the increasing  $T_c$ , especially in the  $T_c$  range from  $120^\circ\text{C}$  to  $150^\circ\text{C}$ . The peaks at  $2\theta$  of  $16.0^\circ$ ,  $17.8^\circ$ ,  $23.1^\circ$ , and  $26.5^\circ$  were stronger, whereas those at  $20.4^\circ$  and  $32.6^\circ$  were weak. The WAXS curves of PEF crystallized at  $T_c$  from  $160^\circ\text{C}$  to  $180^\circ\text{C}$  exhibited similar strong peaks at  $16.0^\circ$ ,  $17.8^\circ$ , and weak ones at  $20.4^\circ$  and  $32.6^\circ$ . However, in this case, the peaks close to  $23^\circ$  and  $26^\circ$  were shifted by about  $0.10$ – $0.15^\circ$  to the higher  $2\theta$ , i.e., to  $23.3^\circ$  and  $26.6^\circ$ , respectively. Furthermore, a new peak appeared at  $19.2^\circ$  and a weaker one at  $29.2^\circ$ . These results indicate the presence of different crystallographic modifications in PEF crystallized at low  $T_c \leq 150^\circ\text{C}$  and high  $T_c \geq 160^\circ\text{C}$ , which is consistent with the literature data. According to Stoclet et al. [20], the less ordered crystallographic  $\alpha'$ -modification formed at lower  $T_c$ , and the more ordered  $\alpha$ -modification phase formed at higher  $T_c$ , i.e., below and above a certain critical temperature. It is worth noting that others found the more ordered crystalline  $\alpha$ -form to grow only above  $150^\circ\text{C}$  [24], above  $160^\circ\text{C}$  [20], or above  $190^\circ\text{C}$  [25]. A similar dependence of crystallographic modification on  $T_c$  was observed for PLA, in which the disorder  $\alpha'$ -phase and the order  $\alpha$ -phase were formed at  $T_c < 100^\circ\text{C}$  and  $T_c \geq 120^\circ\text{C}$ , respectively [48]. In turn, the diffractogram of the powdered PEF granule was typical of the  $\alpha'$ -phase (Figure S7). It is worth mentioning that in the WAXS curves of analyzed materials, no peaks typical of the  $\beta$ -form at approx.  $9.5^\circ$  were found [25]. Recently, Maini et al. [23] proposed a triclinic

unit cell for the  $\alpha'$ -form and a monoclinic unit cell for the  $\alpha$ - and  $\beta$ -forms based on the best fitting of X-ray diffraction powder patterns.



**Figure 9.** WAXS curves of qPEF, C100 and PEF cold-crystallized at different temperatures  $T_c$ . WAXS curves shifted vertically for clarity.

The influence of re-heating on the crystalline structure is illustrated in Figure 10, where the WAXS curves of C130, C130a, and C130a\* (held at 170 °C for 1 h) are compared. The reorganization of the structure in C130a and 130a\* was confirmed by DSC thermograms by a shift of the  $T_{m1}$  peak to a higher temperature as shown in Figure S8.

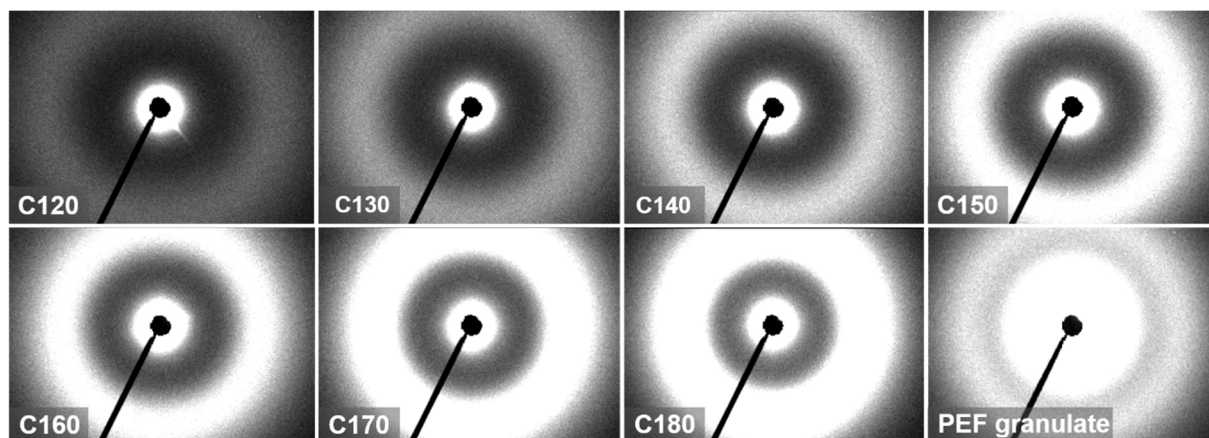


**Figure 10.** Comparison of WAXS curves of C130, re-heated C130a and C130a\* held at  $T_a = 170$  °C for 15 s and 1 h, respectively, and then quickly quenched to RT. WAXS curves shifted vertically for clarity.

It follows that C130a contained the  $\alpha'$ -form, whereas in C130a\* the  $\alpha$ -phase was present, as is reflected in the increase in scattering intensity at  $2\theta$  of 19.2° and 29.2° as well as by a shift of the peaks near 23° and 26 to higher  $2\theta$  angles. This suggests the  $\alpha$ -phase formation in C130a\* at 170 °C. This effect was less pronounced after re-heating of C140

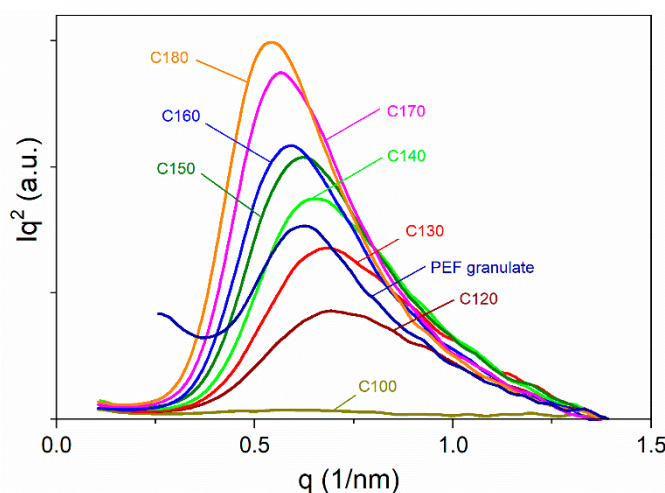
and C150 with initially higher  $X_c$ , and especially C160 already containing the  $\alpha$ -form, despite higher  $T_a$ , as shown in Figure S9. It should be mentioned that the  $\alpha'$  to  $\alpha$ -form transformation induced by heating and the coexistence of both forms were observed by others [24].

Figure 11 shows SAXS-2D isotropic patterns of PEF cold-crystallized at different  $T_c$  and powdered PEF granules for comparison. The latter shows a significant contribution of scattering at small  $2\theta$  angles. The scattering intensity distributions vs.  $2\theta$  of the cold-crystallized PEF showed pronounced maxima. With increasing  $T_c$  the intensities of the maxima increased and shifted to smaller  $2\theta$  angles and this effect was stronger for the re-heated samples, as shown in Figure S10.



**Figure 11.** SAXS-2D patterns of PEF cold-crystallized isothermally at temperatures,  $T_c$ , ranging from 120 °C to 180 °C, and PEF powdered granules for comparison.

The Kratky plots corresponding to SAXS-2D patterns in Figure 11 are collected in Figure 12, whereas those of the re-heated samples are in Figure S11. An increase in the scattering intensity and the shift of the peaks to lower  $q$  values with the increasing  $T_c$ , and also due to re-heating, were observed. The mean long period ( $LP$ ) values, calculated based on the peak positions according to the Bragg law, are listed in Table 3 together with  $LP$  and average lamella thickness ( $L_c$ ) based on 1D-correlation functions  $F(x)$  [49]. The  $F(x)$  functions for all crystalline samples are plotted in Figure S12.



**Figure 12.** Kratky plots,  $Iq^2$  vs.  $q$ , where:  $I$  is scattering intensity; and  $q = 4\pi\sin\theta/\lambda$ ,  $\lambda$  is wavelength, for cold-crystallized PEF and PEF granulate. Plot for C100 shown for comparison.

**Table 3.** Parameters of lamellar structure of PEF samples.  $LP(K)$ —mean long period determined based on Kratky plots,  $LP(c)$  and  $L_c(c)$ —mean long period and lamella thickness, respectively, determined based on 1D correlation function.

Sample	$LP(K)$ (nm)	$LP(c)$ (nm)	$L_c(c)$ (nm)
C120	8.9	7.7	3.0
C130	9.1	8.1	3.0
C130a	10.1	9.6	3.1
C140	9.5	8.6	3.1
C140a	10.5	9.8	3.2
C150	10.0	9.5	3.2
C150a	11.2	10.6	3.3
C160	10.6	10.0	3.3
C160a	11.2	10.5	3.4
C170	11.1	10.2	3.4
C180	11.4	10.6	3.5
PEF granulate	9.9	9.6	3.3

As follows from the data in Table 3, the  $LP$  of the lamellar structure increased slightly with the increasing  $T_c$ , from 8.9 nm and 7.7 nm for C120 to 11.4 and 10.6 nm for C180. The  $L_c$  also increased, from 3.0 nm to 3.5 nm. The  $L_c$  values are close to the 4 nm  $L_c$  value of PEF crystallized at 165 °C, which was reported by Mao et al. [50]. The  $LP$  and  $L_c$  of the re-heated samples are slightly larger. The small increase in  $L_c$  with the increasing  $T_c$  could contribute to the weak dependence of  $T_{m2}$  on  $T_c$ . No evidence of two different long periods was found, which suggests that the less stable crystals with  $T_{m1}$  were located between those with  $T_{m2}$ . Taking into account the predominance of the crystals with higher melting temperature  $T_{m2}$ , it can be concluded the  $L_c$  and  $LP$  values are related to this crystal population.

#### 4. Conclusions

The effect of  $T_c$  on the morphology and thermal properties of the cold-crystallized PEF was studied. Melt-quenching of PEF resulted in an amorphous state, and this amorphous polymer crystallized only at temperatures well above 100 °C. PEF was isothermally cold-crystallized at selected temperatures ( $T_c$ ) in the range of 120 °C to 180 °C. In PEF crystallized at  $T_c \leq 150$  °C, the less ordered crystallographic  $\alpha'$ -phase was formed, whereas at higher temperatures the polymer crystallized in the  $\alpha$ -form, as evidenced by WAXS. The mean long period of 8.9–11.4 nm and 7.7–10.6 nm, and small lamella thickness of 3.0 to 3.5 nm, determined by SAXS, only weakly depended on  $T_c$ .

The analysis of the etched surfaces revealed the spherulitic morphology of PEF. The diameter of the spherulites ranged from about 4  $\mu\text{m}$  to 10  $\mu\text{m}$  and weakly depended on  $T_c$ .

Crystallinity ( $X_c$ ) increased with increasing  $T_c$  from approx. 29% at 120 °C to approx. 41% at 180 °C. A similar high value of 41% was detected for the PEF as received; however, its crystalline phase was in the  $\alpha'$ -form. Based on the three-phase model, the content of the mobile amorphous phase ( $X_{maf}$ ) and the rigid amorphous phase ( $X_{raf}$ ) was determined.  $X_{raf}$  decreased with the increased  $T_c$  as at a higher temperature polymer chain mobility is enhanced, which facilitates the organization of the segments into ordered crystalline structures, with reduced stress transmitted to the amorphous segments and a lower fraction of chain segments subjected to geometrical constraints.

The melting behavior of PEF was complex. DSC thermograms exhibited low-temperature melting peaks centered at  $T_{m1}$ , which increased linearly with  $T_c$ , and the main ones with higher  $T_{m2}$  were nearly independent of  $T_c$ . At  $T_c$  of 170 °C and 180 °C, the low-temperature peaks turned into shoulders on ascending slopes of the main peaks. The low-temperature peaks resulting from the melting of less stable crystals were observed already after short crystallization at  $T_c$ , although their  $T_{m1}$  values were lower than those

after longer crystallization at the same  $T_c$ . This evidenced the formation of the less stable crystals at the early stages of crystallization and their isothermal annealing, perfecting, and/or thickening during further crystallization at  $T_c$ . The content of these less stable crystals in the crystalline phase did not exceed 20%. Re-heating the cold-crystallized PEF to the temperature above the low-temperature melting peak followed by cooling resulted in recrystallization of the less stable crystals into a more stable phase melting at a higher temperature. The effect of this treatment on the structure was also investigated.

The cold-crystallization conditions and the elaborated re-heating protocol controlled the structure and thermal properties of the biobased PEF. Low  $T_c$  resulted in the  $\alpha'$ -phase formation having less crystallinity and a higher content of the rigid amorphous phase. At high  $T_c$ , the  $\alpha$ -phase formed, higher crystallinity developed, the rigid amorphous phase content was lower, and the melting of less stable crystals occurred at a higher temperature; however, slight polymer degradation could occur. The applied thermal treatment altered the thermal behavior of PEF by shifting the melting of the less stable crystals to a significantly higher temperature.

**Supplementary Materials:** The following supporting information can be downloaded at: <https://www.mdpi.com/article/10.3390/polym16213052/s1>. Figure S1: repeating unit of PEF. Figure S2: ATR-FTIR spectrum of amorphous PEF. Figure S3: DSC thermograms recorded during isothermal cold-crystallization at 180 °C for 12 h of initially amorphous samples: compression-molded qPEF and PEF granulate. Figure S4: DSC heating thermograms of cold-crystallized PEF recorded at 30 °C/min. Figure S5: Crystallinity,  $X_c$ , content of amorphous phase,  $X_a$ , and rigid amorphous fractions,  $X_{raf}$ , vs. cold-crystallization temperature,  $T_c$ . Figure S6: Temperature dependencies of storage and loss moduli of qPEF and C160 samples. Figure S7: WAXS curve recorded for powdered PEF granulate. Figure S8: Comparison of DSC heating thermograms of cold-crystallized sample C130 and its re-heated-at- $T_a = 170$  °C counterparts C130a ( $t_a = 15$  sec) and C130a\* ( $t_a = 1$  h) recorded at 10 °C/min. Figure S9: Comparison of WAXS curves of PEF samples cold-crystallized isothermally at 140 °C, 150 °C, and 160 °C with those of corresponding re-heated samples. Figure S10: SAXS intensity distributions vs. scattering angle  $2\theta$  for isothermally cold-crystallized PEF and PEF granulate as received (a), and comparison of the scattered intensity distributions for isothermally cold-crystallized PEF samples before and after the re-heating (b). Figure S11: Kratky plots  $Iq^2$  vs.  $q$ , where  $I$  is scattering intensity,  $q = 4\pi\sin\theta/\lambda$ ,  $\lambda$  is wavelength, calculated based on SAXS intensity distribution for isothermally cold-crystallized PEF samples before and after re-heating. Figure S12: 1D correlation function,  $F(x)$ , for isothermally cold-crystallized PEF samples before and after re-heating, and for PEF powdered granulate.

**Author Contributions:** Conceptualization, M.P. and E.P.; methodology, M.P., T.M. and M.S.; formal analysis, M.P. and E.P.; investigation, M.P., M.S., J.B. and T.M.; writing—original draft preparation, M.P. and E.P. writing—review and editing, M.P., E.P., E.L.d.B. and T.M.; supervision, M.P. and E.P.; resources, E.L.d.B. All authors have read and agreed to the published version of the manuscript.

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**Conflicts of Interest:** Author Ele L. de Boer was employed by the company Avantium Renewable Polymers BV. The remaining authors declare that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest.

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